

Benefits of the MassHealth Frail Elder Waiver Program

Follows is a list of the benefits available via the MassHealth Frail Elder Waiver. A “comprehensive service plan” will determine which services and supports a program participant will receive. With the exception of case management, no Waiver service is an entitlement. This means meeting Waiver requirements does not guarantee receipt of all services and supports.

- Alzheimer’s & Dementia Coaching – educational services and supports for persons with dementia (and their caregivers) for successful home and community living
- Assistive Technology – for Telehealth
- Chore Services – minor home repairs, window washing, moving heavy furniture, etc.
- Companion Care – companionship, supervision, and minimal assistance with some household tasks, such as preparing meals and doing laundry
- Complex Care Training and Oversight – intermittent management of medications and development / management of Home Health Aide Plan of Care
- Evidence Based Education Programs – to help program participants better manage chronic conditions
- Goal Engagement Program – individualized services to increase a program participant’s safety and independence
- Grocery Shopping / Delivery
- Home Based Wandering Response Systems
- Home Delivery – prepared meals and pre-packaged medications
- Home Health Aides – healthcare and personal care assistance
- Home Safety / Independent Evaluations – in-home evaluation by an occupational therapist
- Homemaker Services – essential shopping, meal preparation, laundry, etc.
- Home Modifications – may include wheelchair ramps, grab bars, widening of doorways, etc.
- Laundry
- Medication Dispensing Systems
- Orientation / Mobility Services – for persons who are legally blind or vision impaired
- Peer Support – for persons with a behavioral health diagnosis
- Personal Care Services – non-medical assistance with personal hygiene, bathing, dressing, toileting, medication reminders, preparing meals, etc.
- Personal Emergency Response Services – Cellular Personal Emergency Response System, which may include fall detection
- Respite Care – in-home and out-of-home short-term care to alleviate a primary caregiver. Out-of-home respite care may be provided in several settings, such as adult day health care, adult foster care, and assisted living.
- Supportive Day Program – for program participants with a chronic illness or recovering from a serious illness / injury
- Supportive Home Care Aides – personal care assistance, homemaker services, and emotional support for persons with dementia
- Transitional Assistance – assistance with security deposits, utility set-up fees, moving expenses, etc. for program participants transitioning from a nursing home to a private home
- Transportation – medical and non-medical