PERMISSIBLE DISTRIBUTIONS TO BENEFICIAIRES OF THIRD-PARTY TRUSTS

(where a trust has been established and funded by someone other than the beneficiary, to avoid jeopardizing the trust beneficiary's continued eligibility for public benefits, including MassHealth and SSI – intended for illustration purposes only; not exhaustive)

The trustee may not distribute funds directly to the beneficiary, but may pay a third party for any of the following:

- 1. Ambulance to transport beneficiary to and from family/special events/home
- 2. Automobile/Van used for transportation for the individual or a member of the individual's household (including fuel, repairs, maintenance, insurance)
- 3. Accounting services
- 4. Acupuncture/Acupressure
- 5. Appliances (TV, VCR, stereo, microwave stove, refrigerator, washer/dryer)
- 6. Bottled water or water service
- 7. Books, magazines, and newspapers
- 8. Bus pass/public transportation costs
- 9. Camera film, recorder and tapes, development of film
- 10. Caretaker attendant to take to and from entertainment or cultural experiences
- 11. Clothing (effective 3/9/05)
- 12. Clubs and club dues (record clubs, book clubs, health clubs, service clubs, zoo, advocacy groups, museums)
- 13. Computer hardware, software, programs, and Internet service, training, repairs
- 14. Conferences
- 15. Courses or classes (academic or recreational) including supplies
- 16. Credit card bills, so long as not for food or shelter
- 17. Curtains, blinds, drapes, and the like

- Deductible amounts for the Beneficiary from any insurance policies covering the Beneficiary
- 19. Dental Care/Dental work not covered by Medicaid, including anesthesia
- 20. Dermatology not covered by Medicaid
- 21. Differentials in Cost between Housing and Shelter for shared and private rooms
- 22. Down payment on home or security deposit on apartment
- 23. Drug and/or alcohol treatment
- 24. Drugs unavailable through Medicaid (non-generic)
- 25. Education related to disability or services
- 26. Elective surgery
- 27. Electric wheelchair and other mobility aids
- 28. Entertainment, movie or theater tickets
- 29. Eyeglasses
- 30. Fees and Costs for Protective Proceedings or Criminal Proceedings
- 31. Fitness equipment, bicycle, personal trainer
- 32. Pre-paid funeral and burial expenses
- 33. Furniture, home furnishings, appliances
- 34. Gasoline and/or maintenance for automobile
- 35. Gift cards but only if non-transferable and for stores that do not provide food or shelter (Best Buy ok, Whole Foods not)
- 36. Gifts for others
- 37. Haircuts/salon services
- 38. Hearing aids, batteries not included
- 39. Hobby supplies

- 40. Holiday decorations, parties, dinner dances, holiday cards
- 41. Home security alarm and/or monitoring/response system
- 42. Home improvements, repairs, and maintenance (not covered by Medicaid) including tools to perform home improvements, repairs and maintenance by homeowner
- 43. Home purchase (to the extent not covered by benefits)
- 44. House cleaning/maid services/food preparation services
- 45. Incontinence supplies and equipment
- 46. Insurance premiums (automobile, home, and/or possessions)
- 47. Interior decorating
- 48. Laundromat, dry cleaners, and other laundry services and supplies
- 49. Legal fees, advocacy
- 50. Linens, towels, bedding
- 51. Massage, Rolfing, and other alternative treatments
- 52. Medical equipment not covered by government programs (ex: mechanical bed)
- 53. Medication, drugs, or treatment prescribed by a physician or other healing art practitioner for which there are not other funds available
- 54. Memberships health club/YMCA, cultural institutions
- 55. More sophisticated medical, dental or diagnostic treatment, including experimental treatment, for which there are not other funds otherwise available
- 56. Musical instruments (including lessons and music)
- 57. Non-food grocery items (laundry, soap, bleach, fabric softener, deodorant, dish soap, hand and body soap, personal hygiene products, paper towels, napkins, kleenex, toilet paper, any household cleaning products)
- 58. Occupational or physical therapy beyond that merely prescribed for rehabilitation

purposes, which are useful or enjoyable for the Beneficiary in the opinion of the Trustee

- 59. Orthopedic shoes/podiatry
- 60. Over the counter medications (including vitamins and herbs, etc.)
- 61. Oversight, monitoring, and advocacy
- 62. Periodic outings and entertainment expenses (birthday, holiday celebration, movie tickets, musical events, videotape rental, etc.)
- 63. Personal assistance services not covered by Medicaid
- 64. Pet and pet's supplies, veterinary services, pet therapy
- 65. Physician specialists if not covered by Medicaid
- 66. Private case management to Assist the Beneficiary, or to aid the Trustee in the Trustee's duties
- 67. Private counseling if not covered by Medicaid
- 68. Private health insurance premiums
- 69. Private Rehabilitative Services
- 70. Private room differential (between multibed nursing home room and private room)
- 71. Psychological Support Services
- 72. Reasonable compensation of SNT Trustee and professionals advising the Trustee (investment manager, attorney, accountant)
- 73. Reasonable compensation of care providers, including family members, where appropriate
- 74. Record/Book Clubs
- 75. Rehabilitation and physical therapy beyond Medicaid
- 76. Repair services (appliance, automobile, bicycle, household, fitness equipment)
- 77. Respite care
- 78. School or camp tuition
- 79. Snow removal/landscaping/lawn service
- 80. Sporting goods/equipment/uniforms/ team pictures
- 81. Stationary, stamps, cards, etc.

- 82. Storage units
- 83. Surgery or equipment not covered by insurance or public rationing system
- 84. Taxicab
- 85. Teachers and tutors
- 86. Telephone service and equipment, including cell phone, pager, phone card, etc.
- 87. Therapy (physical, occupational, speech, painting, music) not covered by Medicaid
- 88. Tickets to cultural, concerts or sporting events (for beneficiary and an accompanying companion)
- 89. Transportation (automobile, motorcycle, bicycle, moped, gas, bus passes)
- 90. Travel by other individuals, only for medical purposes
- 91. Television, VCR, DVD, stereo
- 92. Utility bills (direct TV, cable TV, electric, heating)
- 93. Vacations (including paying for personal assistance to accompany the beneficiary)
- 94. Vitamins and herbs
- 95. Wheelchairs not covered by Medicaid, repairs, driving gloves
- 96. Yard service and maintenance

Examples of Trust Distributions That Will Reduce SSI Benefits

- Basic shelter-related expenses (mortgage, rent, property taxes, heating fuel, gas, electricity, water, sewer and garbage removal)
- 2. Food
- 3. Cash for any purpose

Examples of Impermissible Trust Distributions

- 1. Paying for a service already paid for by another source
- 2. Distribution not in the best interest of the beneficiary (made primarily for the benefit of another person)

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